

FOR PARTICIPANTS OF MINORITY AGE (UNDER THE AGE OF 18 BY JUNE 3, 2026 BUT AGE 16 BY DECEMBER 31, 2026)

TOGA Leadership would like to address that we encourage youth participation, however for the safety of all involved we limit the age group of this league to 16 and above.

Eligibility

By signing this document, the participant and parent/guardian affirm that the participant:

- Will be at least 16 years old by December 31 of the current league year
- Is under 18 years old as of the league start date
- Meets all TOGA Ultimate eligibility requirements

1. Acknowledgment of Adult-League Participation

The participant and parent/guardian understand and agree that:

- The participant is joining a competitive adult league, playing with and against adults of all ages.
- Adult-league play involves greater physicality, speed, and contact risk than youth or mixed-age programs.
- By participating, the minor voluntarily accepts all risks inherent to adult-level ultimate frisbee, including but not limited to collisions, falls, sprains, fractures, concussions, weather-related hazards, and risks associated with uneven fields or equipment.

2. Assumption of Risk

The participant and parent/guardian acknowledge that:

- Ultimate frisbee is a physical sport with inherent risks that cannot be eliminated.
- Participation may result in injury, illness, or other harm, even when rules are followed.
- The participant voluntarily chooses to participate and assumes full responsibility for all risks associated with play, practices, warm-ups, and league events.

3. Release of Liability

To the fullest extent permitted by law, the participant and parent/guardian:

- Release and discharge TOGA Ultimate, its organizers, volunteers, officers, and field hosts from any and all liability for injuries, damages, or losses arising from participation in the adult league.
- Agree that this release applies even if injury results from the negligence of TOGA Ultimate or its representatives.
- Understand that no guarantee of safety is made or implied.

4. Indemnification

The parent/guardian agrees to:

- Indemnify and hold harmless TOGA Ultimate from any claims brought by or on behalf of the minor participant
- Cover any costs, damages, or legal fees arising from the minor's participation

- Accept full responsibility for the minor's compliance with league rules and conduct expectations

5. Health & Fitness Certification

The participant and parent/guardian certify that:

- The participant is physically able to play in an adult-level league
- Any medical conditions have been disclosed to TOGA Ultimate
- The participant will not play while ill, injured, or under medical restriction

6. Agreement to Rules & Policies

The participant agrees to follow:

- USA Ultimate rules
 - TOGA Ultimate league rules, modifications, and weather policies
 - All instructions from league organizers and captains
- Failure to comply may result in removal from the league without refund.

7. Consent for Medical Treatment

In the event of injury, the parent/guardian authorizes TOGA Ultimate volunteers to:

- Provide basic first aid
 - Seek emergency medical care if necessary
 - Permit medical professionals to treat the participant
- All medical costs are the responsibility of the parent/guardian.

8. Parent/Guardian Certification

By signing below, the parent/guardian affirms that:

- They have read and explained this waiver to the participant
- The participant understands the risks of playing in an adult league
- They voluntarily consent to the minor's participation
- They accept all terms of this waiver and release

Participant Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____